

Rekombinan Zona Aşısı

Dr. Serap Gençer

Acıbadem Üniversitesi Maslak Hastanesi
Enfeksiyon Hastalıkları ve Klinik Mikrobiyoloji AD

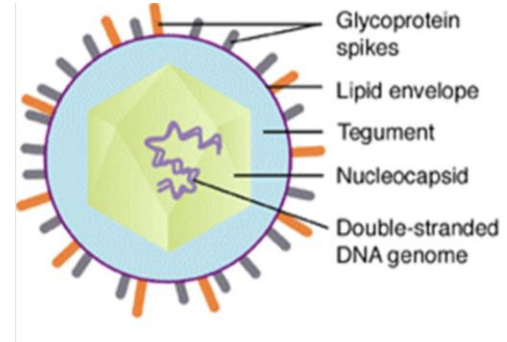
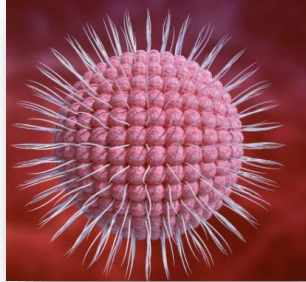
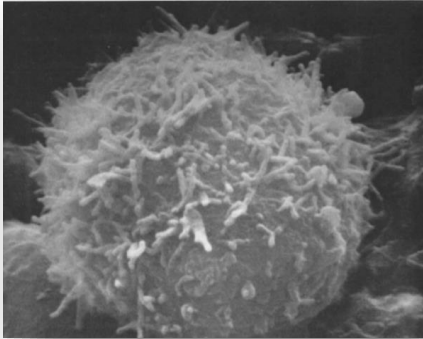
12.Türkiye EKMUD Kongresi, 18-22 Mayıs 2024, Antalya

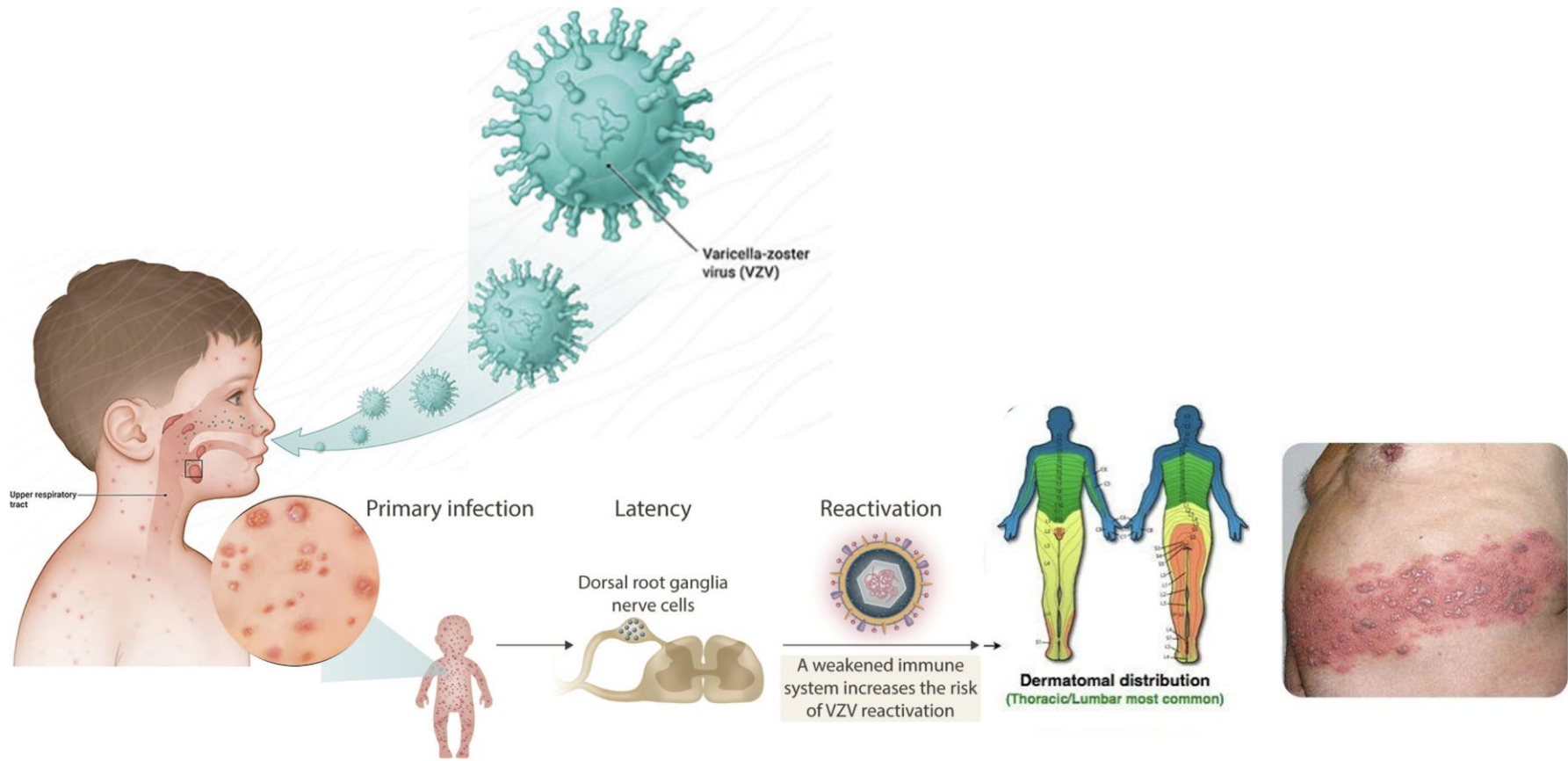


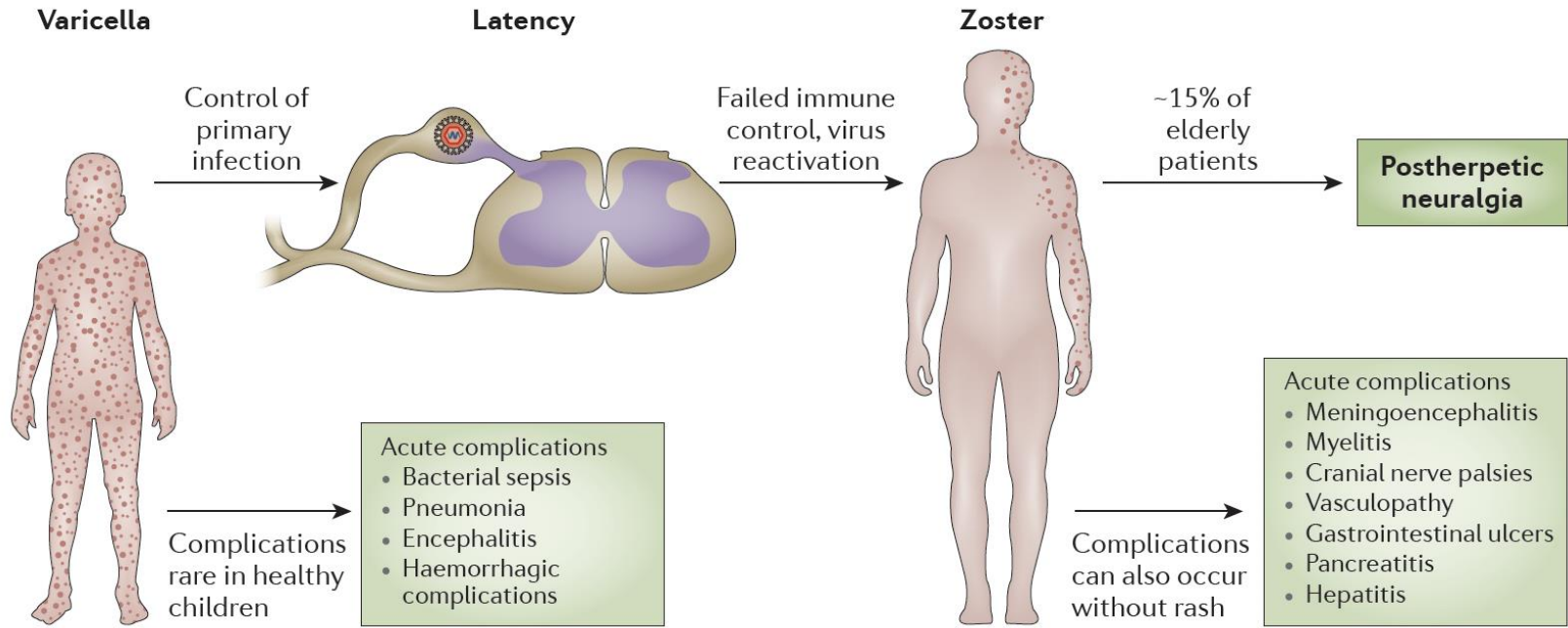
- Hastalık yükü ve risk grupları
- Rekombinan aşının özellikleri
- Etkinlikleri
- Güvenilirliği
- Endikasyonları

Varicella Zoster Virüsü (VZV)

- Nörotropik alfa herpes virus (HHV-3)
- 180-200 nm çapında, çift sarmallı, sirküler DNA genomundan oluşan zarflı virüsler







Epidemiyoloji

- ABD'de her 3 kişiden biri yaşamlarında en az bir kez zonaya yakalanmakta.
 - Çoğunluğu bir kez geçiriyor olsa da bazılarında birden çok
- Yaş ve immun zayıflamayla risk artıyor.
 - Çocuklarda insidans 1/1000 iken 80 yaş ve üzerinde >15/1000

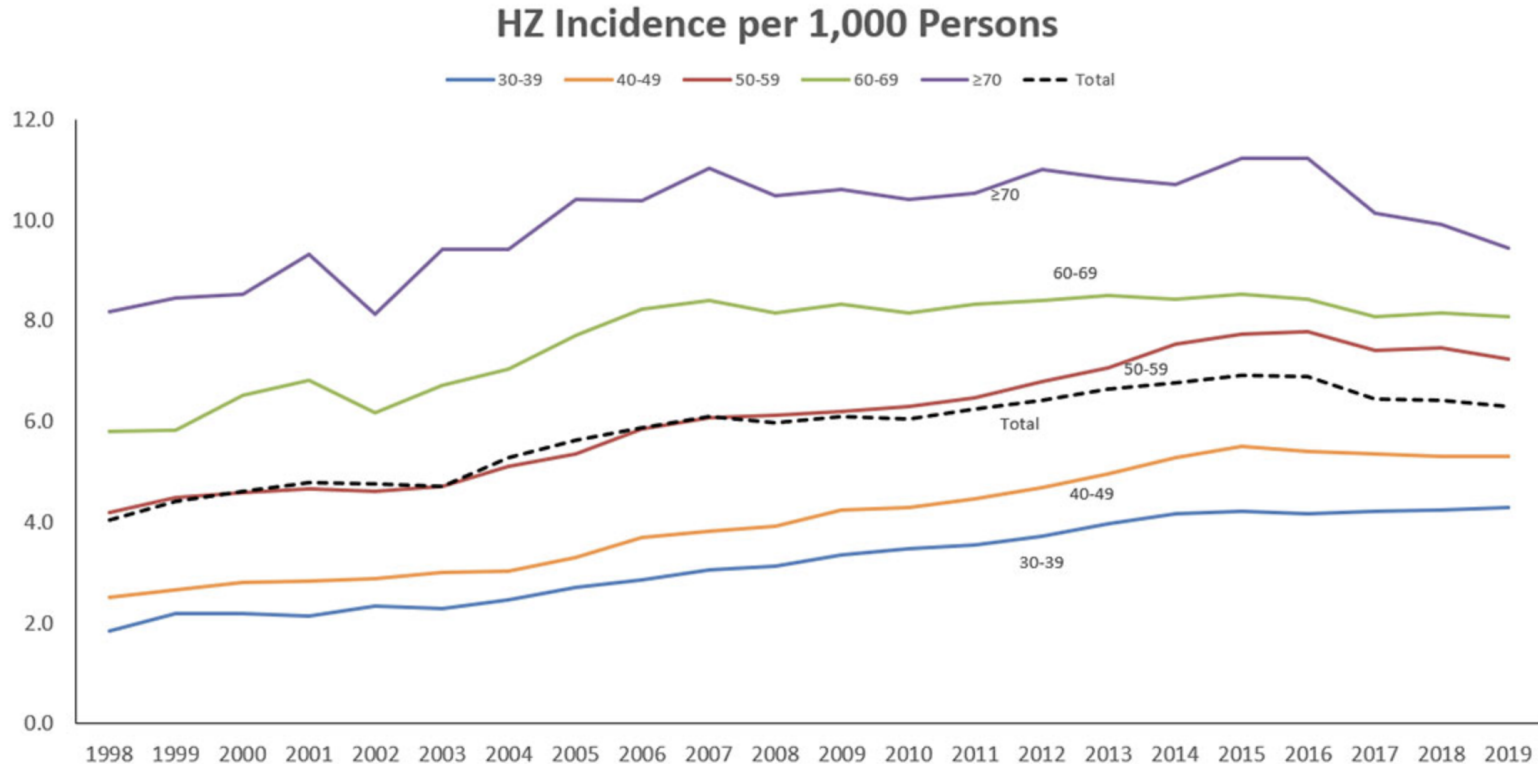
Jumaanet al., JID, 2005, 191:2002-7

Yawn, et al., Mayo ClinProc. 2007; 82:1341-9




Insingaet al., J Gen Intern Med. 2005, 20:748-53


Harpaz et al, IDWeek2015

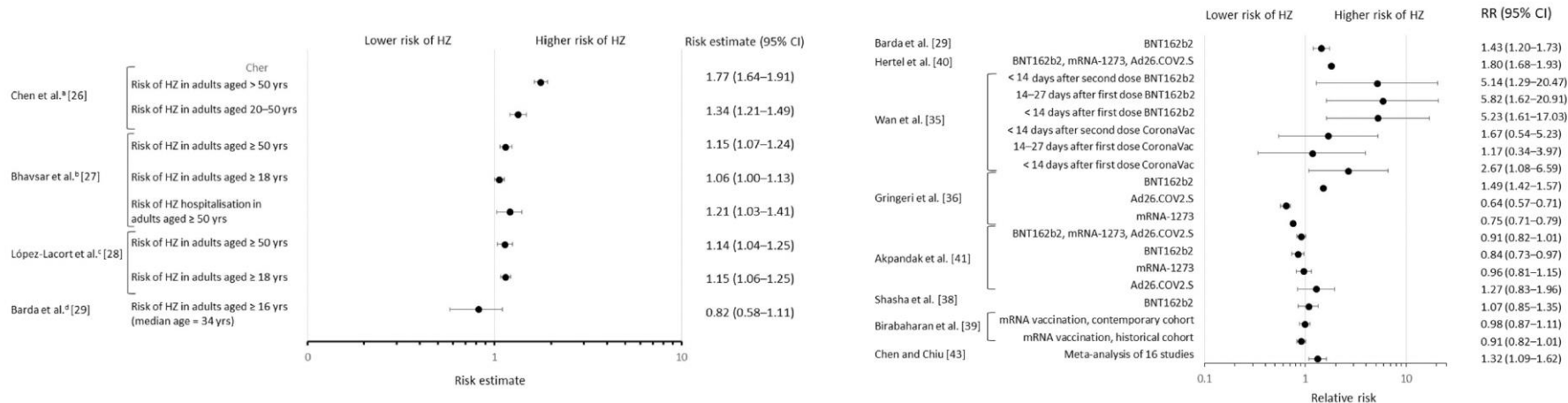
HZ insidansı artıyor



The Impact of the COVID-19 Pandemic on the Incidence of Herpes Zoster: A Narrative Literature Review

Raunak Parikh  · Mitra Yousefi  · Desmond Curran  ·

Robyn Widenmaier 



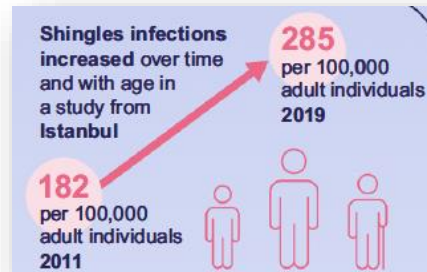
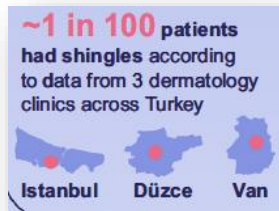
- Zona ve komplikasyonları yaşam kalitesini olumsuz yönde etkiler.
- En önemli komplikasyonu olan PHN
 - gelişme sıklığı %5-30 arasında değişir
 - en az üçte birinde bir yıldan uzun sürer

- Yaklaşık %1-4'ü komplikasyonlar nedeniyle hastaneye yatar.
 - Yaşlılar ve immunsuprese hastalar daha çok
 - Hastanede yatanların %30'u immunsuprese

Herpes Zoster Burden of Disease and Clinical Management in Turkey: A Comprehensive Literature Review

Selim Badur  · Esin Senol  · Alpay Azap  · Cihan Yesiloglu  ·

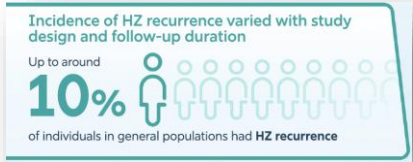
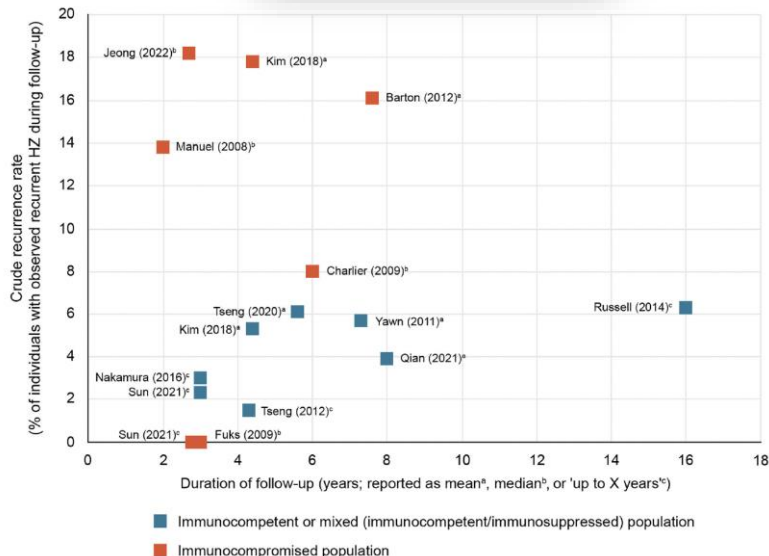
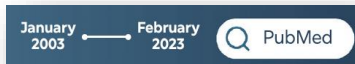
Alev Ozakay  · Serdar Ozturk  · Adriana Guzman-Holst 



Herpes Zoster Recurrence: A Narrative Review of the Literature

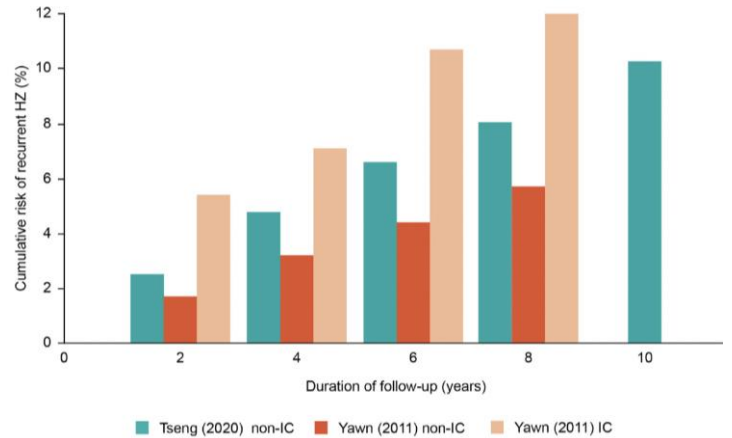
Raunak Parikh · O'Mareen Spence · Nikolaos Giannelos ·

Iain Kaan

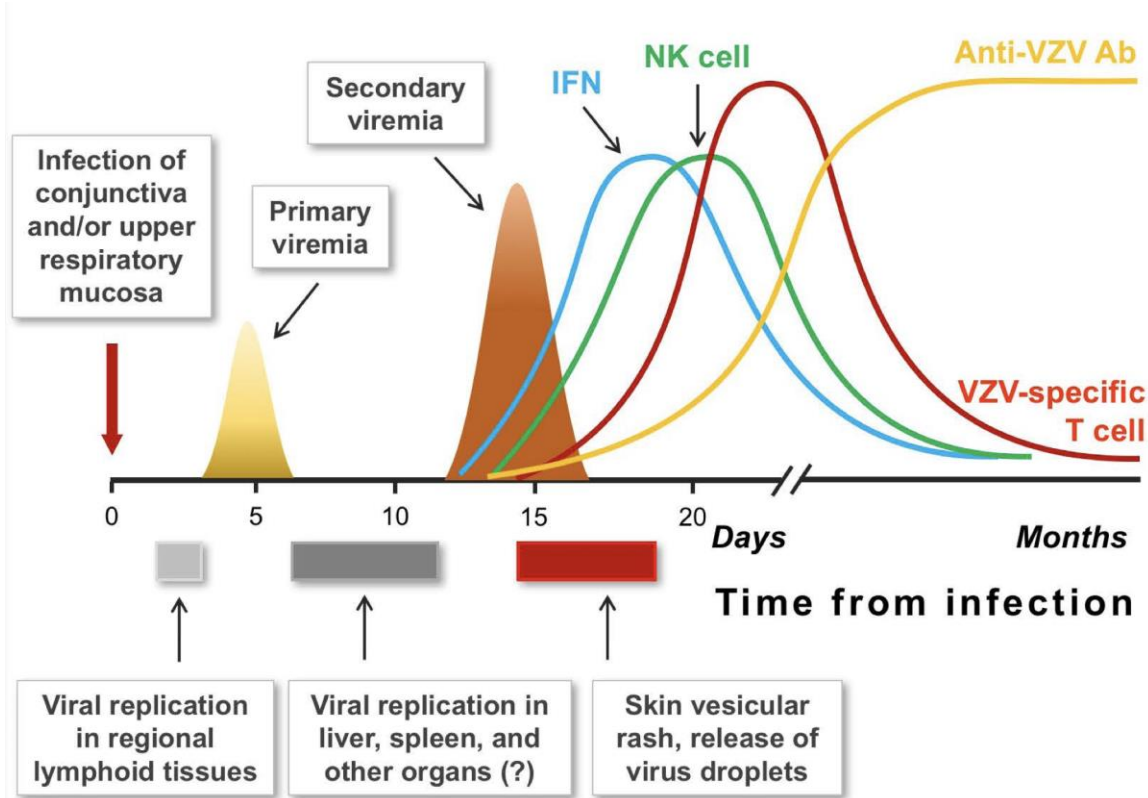


Multiple factors may increase the risk of HZ recurrence

- Immunocompromised status
- Family history
- Comorbidities
- Female sex
- Long-lasting post-herpetic pain
- HZ ophthalmicus



VZV immünitesi

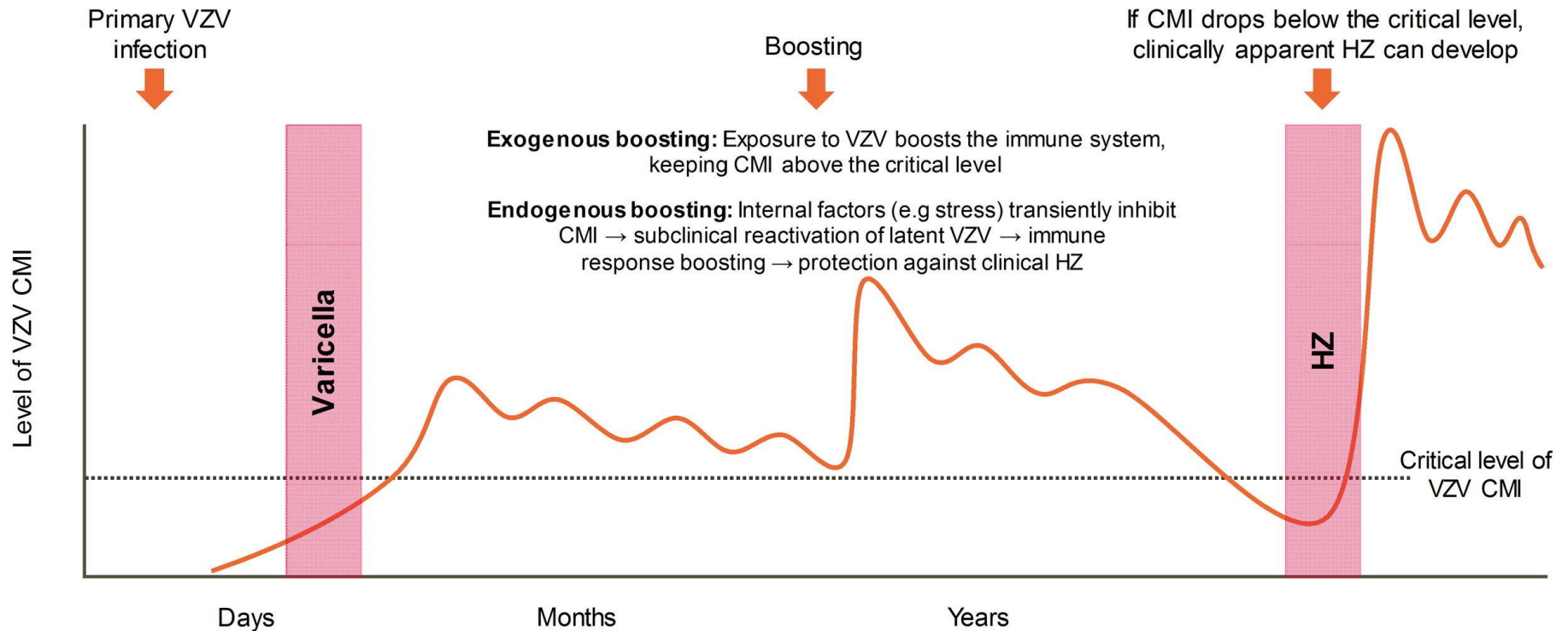


VZV spesifik hücresel immün yanıt zamanla azalır

≥ 55 yaş kişilerin %30-40'ında VZV spesifik T hücre cevabı yok.

Weinberg A, et al. J Infect Dis 2010;201(7):1024-30

Hücresel immünite ve VZV reaktivasyonu



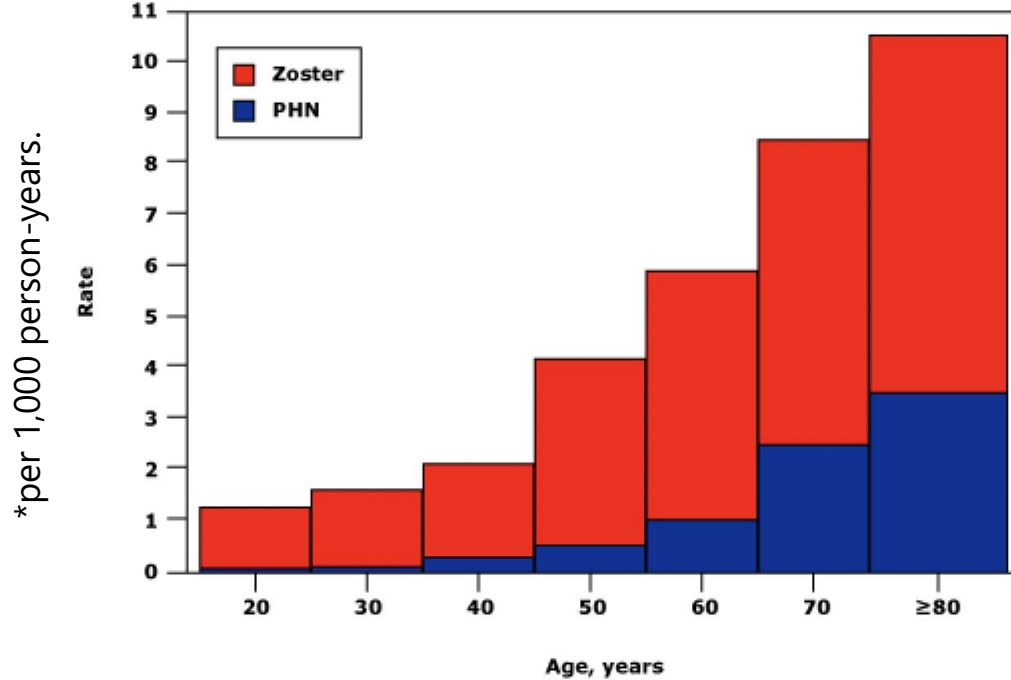
HZ, herpes zoster; VZV, varicella zoster virus; CMI, cell-mediated immunity.

Risk grupları

- İleri yaş
- Lenfoproliferatif maligniteler
- Transplant alıcıları
- Belli immunmodölatör tedaviler
- Kemoterapi
- Kortikosteroid
- HIV ile yaşayan bireyler

VZV reaktivasyonunda spesifik hücresel immüntenin azalması esas rolü oynar.

HZ ve PHN oranları* yaşla artar

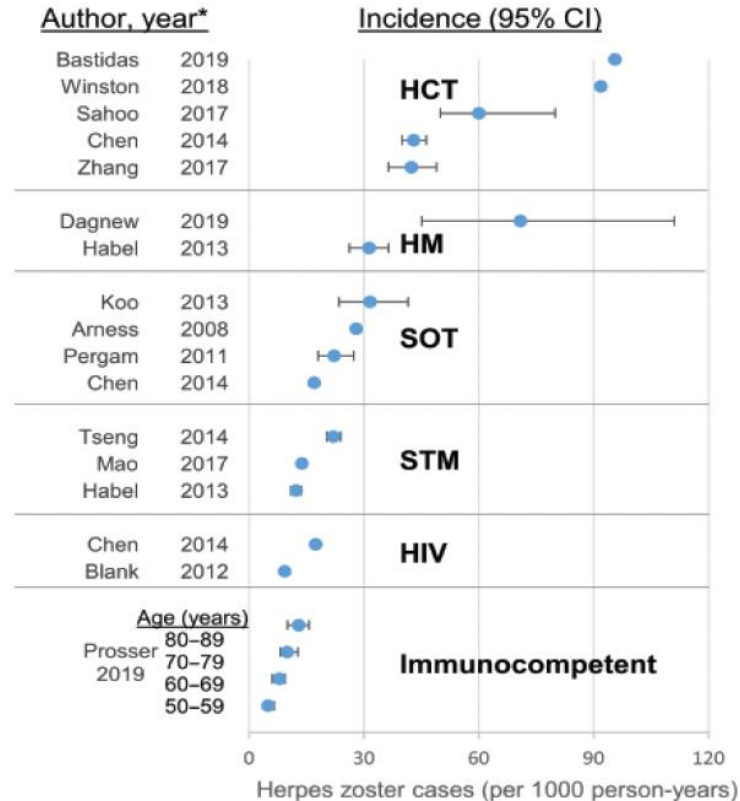


50 yaş ve üzerinde HZ olanlarda
PHN gelişme riski %10-18

Insingaet al., J Gen Intern Med. 2005, 20:748-53

*PNH: ≥ 30 gün süren ağrı

HZ ve immunkompromize hastalar



HZ ve otoimmün hastalıklar

Age and sex-standardized HZ incidence rates, among adults ≥ 20 years with selected autoimmune diseases

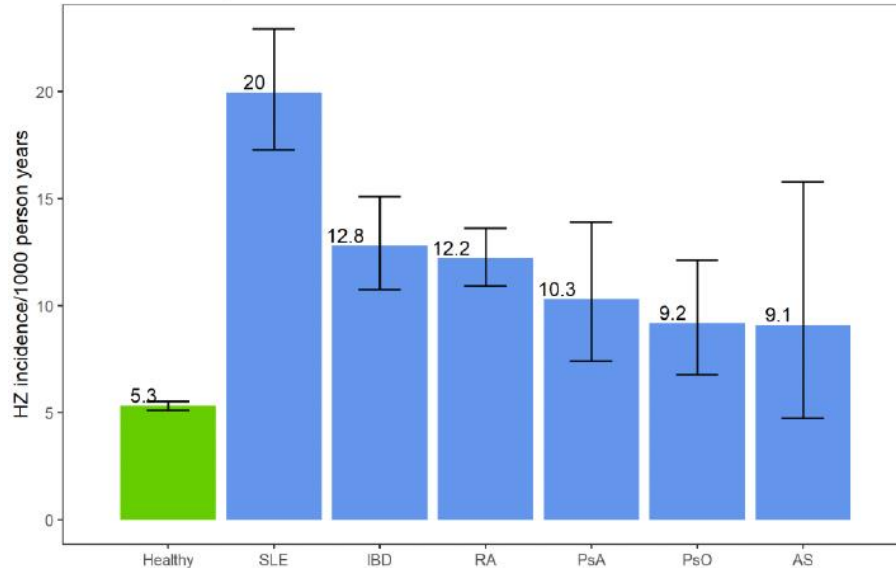


Figure adapted from Yun et al. Bars show the IRs of HZ with 95% confidence intervals. Cohorts of healthy adults without autoimmune diseases or diabetic conditions and adult patients with diabetes were used as controls. SLE=systemic lupus erythematosus; IBD=inflammatory bowel disease; RA=rheumatoid arthritis; PsA=psoriatic arthritis; PsO=psoriasis; AS=ankylosing spondylitis.

Aşılama

- Zona aşıları, “terapötik aşı” gibi davranır ve VZV spesifik T hücre cevabını arttırarak virüsün reaktivasyonunun önlenmesine veya hafifletilmesine katkı sağlar.

Aşı Tipleri

Rekombinan protein subunit aşısı (Recombinant Zoster Vaccine – RZV)

Canlı zayıflatılmış aşısı (Zoster Vaccine Live – ZVL)

Characteristic	ZOSTAVAX (Zoster Vaccine Live; Merck)	SHINGRIX (Recombinant Zoster Vaccine; GlaxoSmithKline)
Vaccine type	Live-attenuated VZV (Oka/Merck); ≥19 400 PFU	Recombinant VZV gE, adjuvanted
Vaccine composition	Two components: 1. lyophilized vaccine 2. sterile diluent	Two components: 1. lyophilized gE antigen 2. AS01B adjuvant suspension
Storage	-50°C to -15°C	+2°C to +8°C
Shelf life	18 months from the date of manufacture of the final filled container when stored at ≤ -15°C	36 months from the date of manufacture when stored at +2°C to +8°C
Dosage and administration	1 dose SQ in deltoid region of upper arm; 0.65 mL/dose	2 doses IM in deltoid region of the upper arm, 2 to 6 months apart; 0.5 mL/dose
Reactogenicity	Low	High
Overall efficacy against incidence of HZ	51.3%	97.2%
Overall efficacy against incidence of PHN	66.5%	91.2%
Persistence of protection against HZ	Up to 8 years	≥10 years (studied up to 10 years)
FDA approval	May 25, 2006 for adults aged ≥60 yoa; March 24, 2011 for adults aged 50–59 yoa	October 20, 2017 for adults aged ≥50 yoa July 23, 2021 for adults ≥18 yoa who are or will be at increased risk of HZ due to immunodeficiency or immunosuppression caused by known disease or therapy

50 yaş üzeri onaylı

18 yaş üzeri onaylı

RZV (Shingrix®)

- Rekombinan protein subunit aşısı



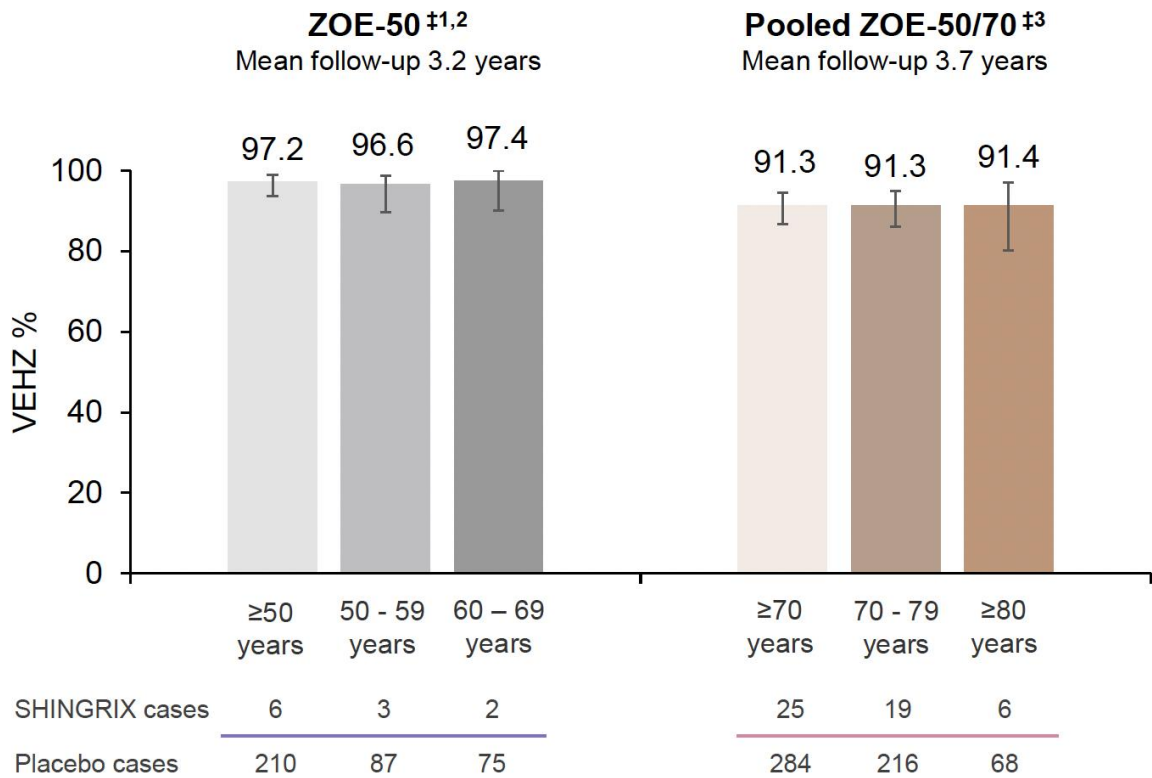
iki-6 ay arayla 2 doz

RZV etkinliği

Study Design and Objectives	ZOE-50 ^{1,2} (Zoster-006)	ZOE-70 ^{2,3} (Zoster-022)
Experimental design	Randomized, observer-blind, placebo-controlled, multicenter, multinational (North America, Europe, Latin America, Asia-Pacific)	
Primary objective	HZ efficacy in persons ≥50 years	HZ efficacy in persons ≥70 years
Actual enrolment	16,160	14,816
Dosing schedule	Vaccine or placebo administered (0.5 mL) intramuscularly at 0 and 2 months	
Primary objectives in pooled analysis	PHN efficacy in ≥70 years of age HZ efficacy in ≥70 years of age	
Total Vaccinated Cohort (pooled analysis) ³	17,531 (includes subjects aged ≥70 in ZOE-50 and all ZOE-70 subjects)	

ZOE-50/70 efficacy studies conducted at the same sites.

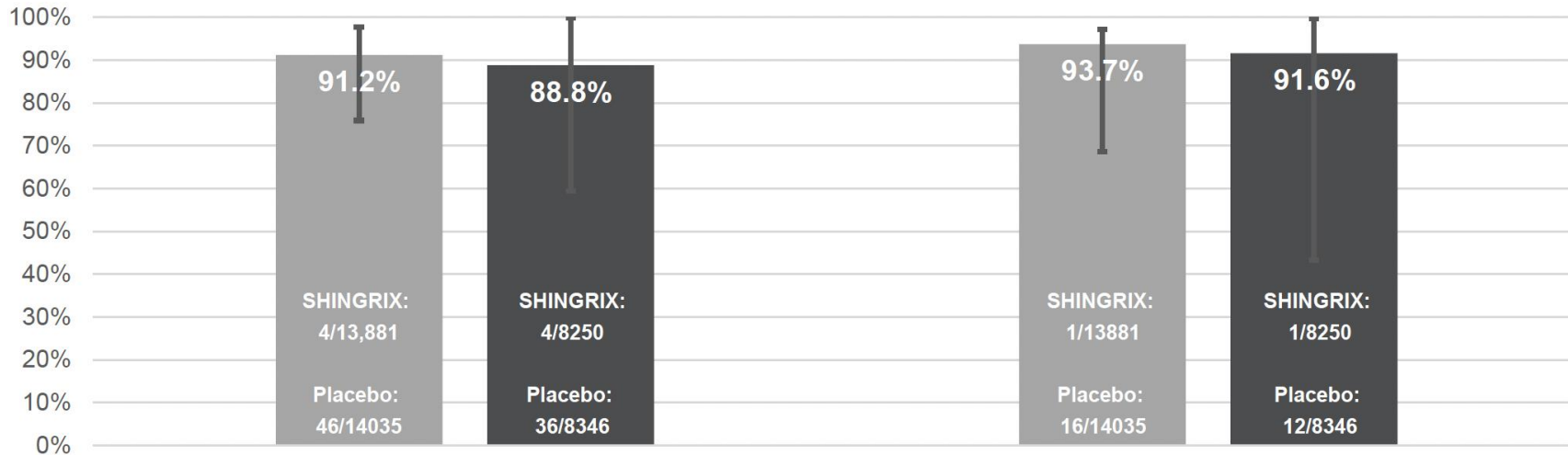
Subjects ≥70 years of age were randomly assigned to ZOE-50 or ZOE-70.



P<0.001 for all age groups vs. placebo

Vaccine efficacy against PHN¹ and other complications² (95% CI)*

■ ≥50 Years Old ■ ≥70 Years Old



Vaccine efficacy against PHN

PHN is defined as HZ-associated pain rated as ≥ 3 on a 0-10 scale, occurring or persisting for at least 90 days following the onset of rash using the Zoster Brief Pain Inventory questionnaire.¹

Vaccine efficacy against other HZ-related complications, in a post-hoc pooled analysis

Other complications included HZ vasculitis, disseminated disease, ophthalmic disease, neurologic disease, visceral disease, and stroke¹

Uzun dönem RZV etkinliği

The Adjuvanted Recombinant Zoster Vaccine Confers Long-Term Protection Against Herpes Zoster: Interim Results of an Extension Study of the Pivotal Phase 3 Clinical Trials ZOE-50 and ZOE-70

Céline Boutry,^{1,4} Andrew Hastie,² Javier Diez-Domingo,³ Juan Carlos Tinoco,⁴ Chong-Jen Yu,⁵ Charles Andrews,⁶ Jean Beytout,⁷ Covadonga Caso,⁸ Huey-Shinn Cheng,⁹ Hee Jin Cheong,¹⁰ Eun Ju Choo,¹¹ Dan Curiac,¹² Emmanuel Di Paolo,¹³ Marc Dionne,¹⁴ Tamara Eckermann,¹⁵ Meral Esen,¹⁶ Murdo Ferguson,¹⁷ Wayne Ghesquiere,¹⁸ Shinn-Jang Hwang,^{19,20} Thiago Junqueira Avelino-Silva,²¹ Pavel Kosina,²² Chiu-Shong Liu,²³ Jukka Markkula,²⁴ Beate Moeckesch,²⁵ Cláudia Murta de Oliveira,²⁶ Dae Won Park,²⁷ Karlis Pauksens,²⁸ Paola Pirrotta,²⁹ Georg Plassmann,³⁰ Carol Pretswell,³¹ Lars Rombo,³² Bruno Salaun,³³ Johan Sanmartin Berglund,³³ Isabelle Schenkenberger,³⁴ Tino Schwarz,³⁵ Meng Shi,² Benita Ukkonen,³⁶ Toufik Zahaf,²⁹ Cristiano Zerbini,³⁷ Anne Schuind,^{2,4} and Anthony L. Cunningham^{38,39}; on behalf of the Zoster-049 Study Group¹

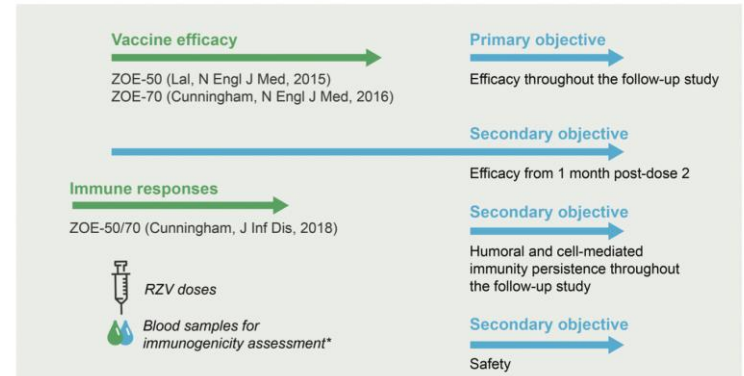
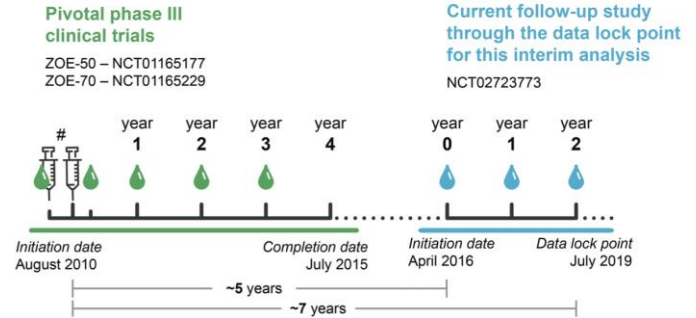
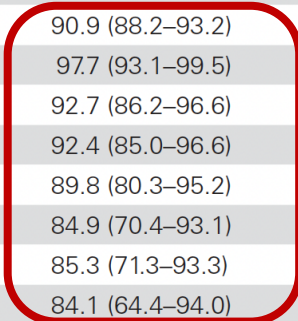
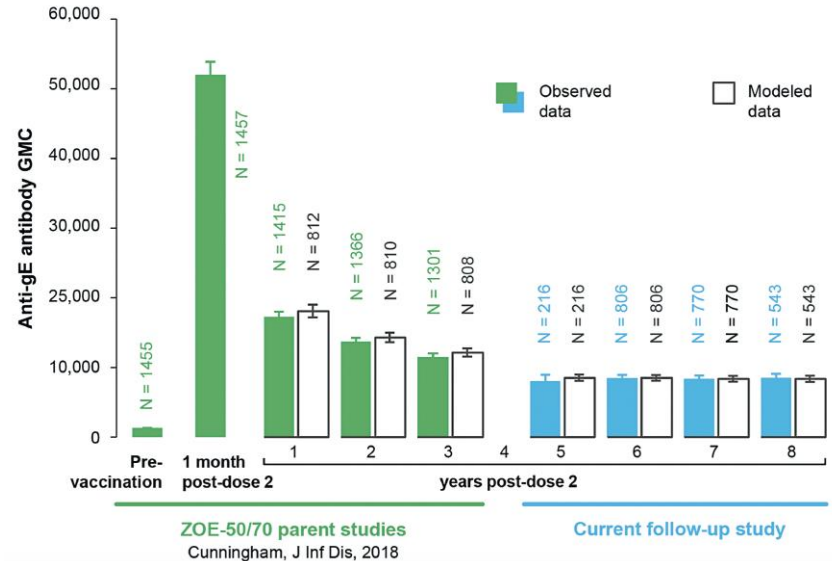
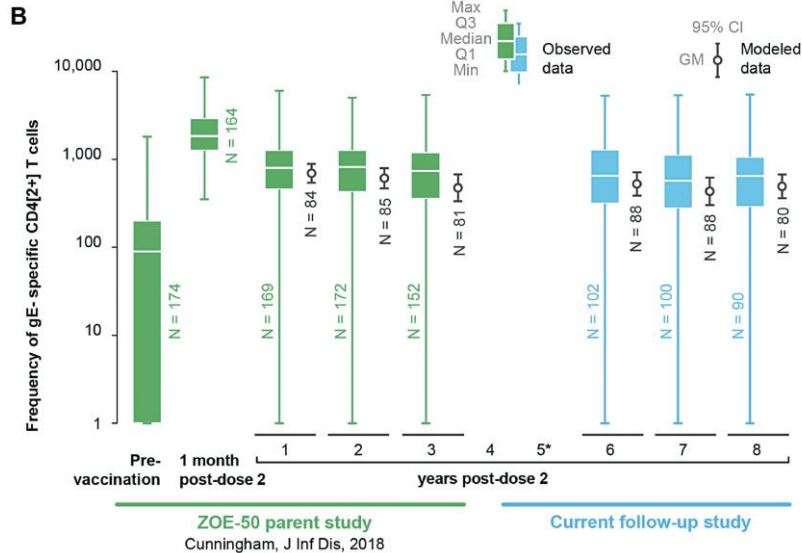


Table 2. Vaccine Efficacy in the ZOE-50 and ZOE-70 Studies and the Current Long-Term Follow-up Study After at Least 2 Additional Years of Follow-up

	Adjuvanted Recombinant Zoster Vaccine				Historical Control ^a /Placebo Group in ZOE-50 and ZOE-70 ^b				Vaccine Efficacy, % (95% Confidence Interval)
	N	n	Sum of Follow-up Years	Incidence (per 1000 Person-Years)	N	n	Sum of Follow-up Years	Incidence (per 1000 Person-Years)	
Vaccine efficacy in the current follow-up study: primary objective (up to the data lock point for the interim analysis in the current follow-up study)									
Overall ^a	7277	27	19 621.7	1.4	7277	169	19 621.7	8.6	84.0 (75.9–89.8)
Vaccine efficacy from 1 month post-dose 2: secondary objective (up to the data lock point for the interim analysis in the current follow-up study)									
Overall	13 881	59	72 744.6	0.8	13 881	651	72 744.6	8.9	90.9 (88.2–93.2)
Year 1 ^b	13 881	3	13 744.5	0.2	14 035	130	13 823.3	9.4	97.7 (93.1–99.5)
Year 2 ^b	13 569	10	13 415.6	0.7	13 564	136	13 332.5	10.2	92.7 (86.2–96.6)
Year 3 ^b	13 185	9	13 016.1	0.7	13 074	116	12 834.0	9.0	92.4 (85.0–96.6)
Year 4 ^b	12 757	10	12 946.7	0.8	12 517	95	12 637.4	7.5	89.8 (80.3–95.2)
Year 6 ^a	7277	10	7208.8	1.4	7277	66	7208.8	9.2	84.9 (70.4–93.1)
Year 7 ^a	7097	10	6993.1	1.4	7097	68	6993.1	9.7	85.3 (71.3–93.3)
Year 8 ^{a,c}	6876	7	5160.2	1.4	6876	44	5160.2	8.5	84.1 (64.4–94.0)



VZV spesifik CD4 sayısı ve antikor titresi aşı öncesi seviyenin 6 katından yüksek devam ediyor.



Persistence of immune response to an adjuvanted varicella-zoster virus subunit vaccine for up to year nine in older adults

Tino F. Schwarz^a, Stephanie Volpe^b, Gregory Catteau^c, Roman Chlibek^d, Marie Pierre David^e, Jan Hendrik Richardus^f, Himal Lal^g, Lidia Oostvogels^b, Karlis Pauksens^h, Stephanie Ravaultⁱ, Lars Rombo^j, Gerard Sonder^k, Jan Smetana^d, Thomas Heineman^l, and Adriana Bastidas^a

^aLaboratory Medicine and Vaccination, Klinikum Würzburg Mitte, Standort Juliuspital, Würzburg, Germany; ^bClinical R&D, GSK, Wavre, Belgium; ^cBiostatistics & Statistical Programming, Clinical Evidence Generation, R&D, GSK, Wavre, Belgium; ^dDepartment of Epidemiology, Faculty of Military Health Sciences, University of Defense, Hradec Kralove, Czech Republic; ^eBiostatistics & Statistical Programming, Clinical Evidence Generation, R&D, GSK, Rixensart, Belgium; ^fDepartment of Infectious Disease Control, Municipal Public Health Service Rotterdam-Rijnmond, Rotterdam, The Netherlands; ^gClinical R&D, Pfizer Inc., Collegeville, PA, USA; ^hMedical Sciences, Section of Infectious Diseases, Uppsala University Hospital, Uppsala, Sweden; ⁱClinical Laboratory Sciences, GSK, Rixensart, Belgium; ^jDepartment of Medical Biochemistry and Microbiology, Zoonosis Science Center, Uppsala University, Uppsala, Sweden; ^kDepartment of Infectious Diseases, Public Health Service of Amsterdam, Amsterdam, The Netherlands; ^lClinical Development, Genocera Biosciences, Cambridge, MA, USA

ABSTRACT

Background: In adults aged ≥ 60 years, two doses of the herpes zoster subunit vaccine (HZ/su; 50 μg varicella-zoster virus glycoprotein E [gE] and A501₀ Adjuvant System) elicited humoral and cell-mediated immune responses persisting for at least six years. We assessed immunogenicity nine years post-initial vaccination.

Methods: This open extension study (NCT02735915) followed 70 participants who received two HZ/su doses in the initial trial (NCT00434577). Blood samples to assess the cellular (intracellular cytokine staining) and humoral (ELISA) immunity were taken at year nine post-initial vaccination.

Results: Participants' mean age at dose 1 was 72.3 years. The fold increases over pre-vaccination in the mean frequency of gE-specific CD4⁺ T-cells expressing ≥ 2 activation markers plateaued from year four post-dose 1 until year nine. Anti-gE antibody geometric mean concentrations plateaued and remained above pre-vaccination levels from year four onwards. Immunogenicity at year nine was similar across age strata (60–69, ≥ 70 years) and confirmed statistical prediction model results using data for up to year six. Further modeling using all data up to year nine predicted immune responses would remain above the pre-vaccination level up to year 15.

Conclusion: In adults aged ≥ 60 years, HZ/su-induced immunogenicity remained above pre-vaccination levels for at least nine years post-initial vaccination.

Summary: After vaccination with HZ/su, both cell mediated and humoral immunity remained above pre-vaccination levels up to year 9 regardless of age group. Immune responses are predicted to remain above baseline up to 15 years post initial vaccination.

ARTICLE HISTORY

Received 11 December 2017

Revised 31 January 2018

Accepted 14 February 2018

KEYWORDS

herpes zoster (shingles) vaccine; herpes zoster; immunity; persistence; prediction modeling;

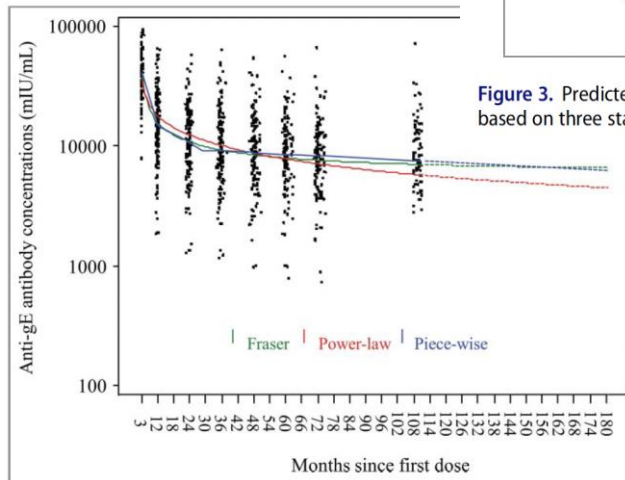


Figure 4. Predictions of anti-gE antibody geometric mean concentrations based on three statistical prediction models (piece-wise linear, power-law, Fraser).

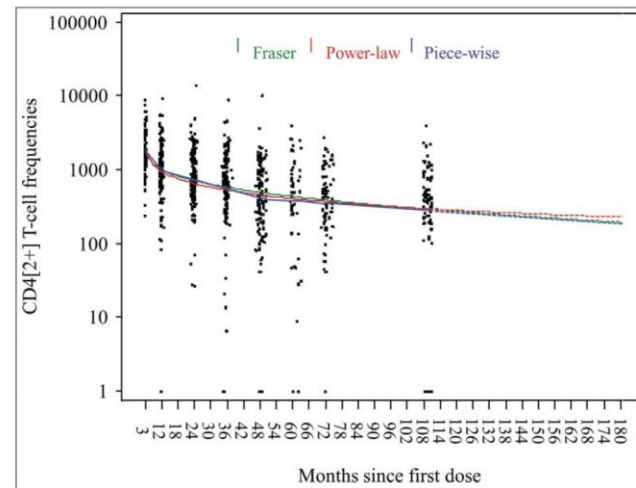
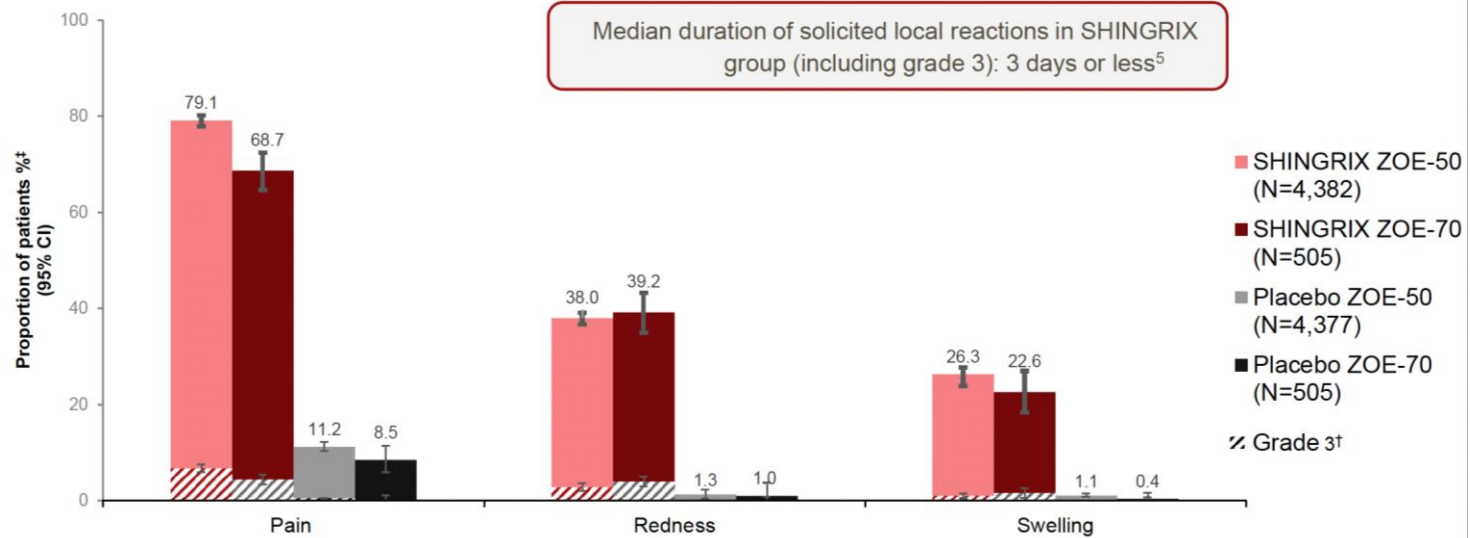


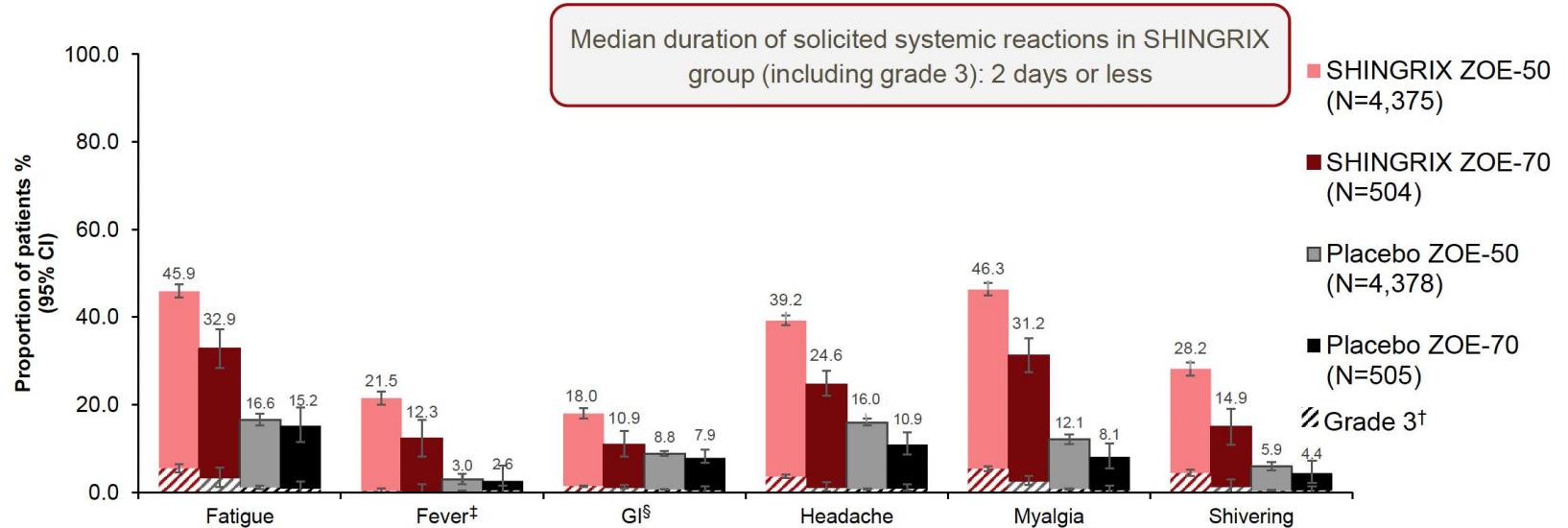
Figure 3. Predicted geometric means of frequencies of gE-specific CD4⁺ T cells based on three statistical prediction models (piece-wise linear, power-law, Fraser).

Lokal yan etkiler (ilk 7 gün)



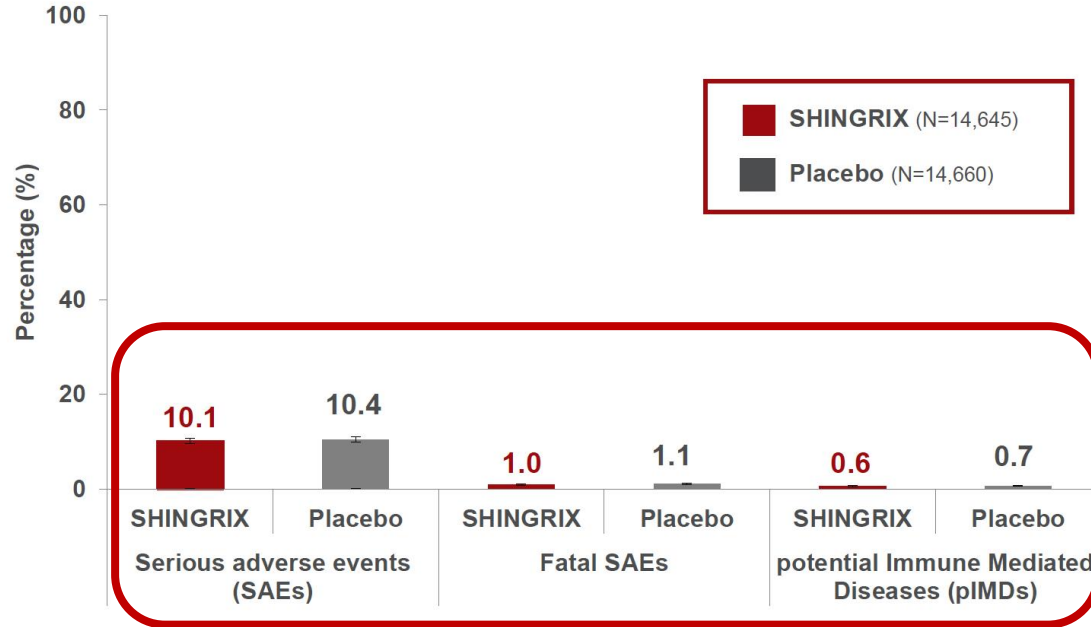
Lal H, et al. *N Engl J Med* 2015;372:2087–96.
Cunningham AL, et al. *N Engl J Med* 2016;75:1019–32.
Lopez-Fauqued, M et al. *Vaccine* 2019;37:2482-2493.26

Sistemik yan etkiler (ilk 7 gün)

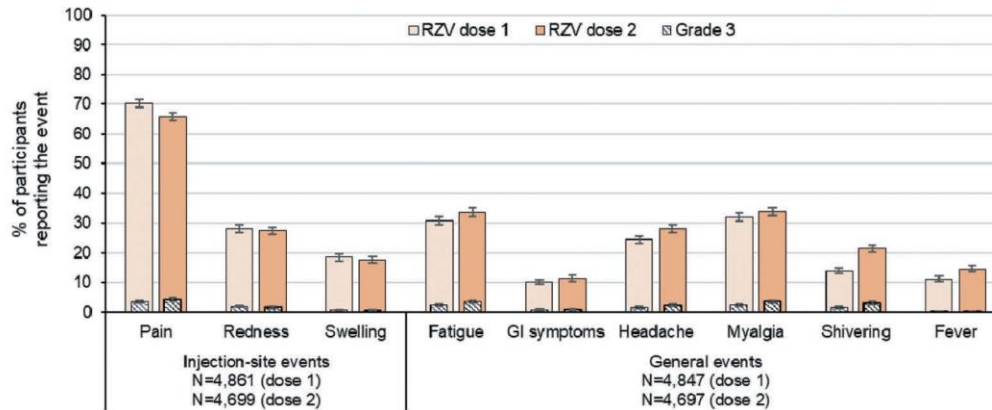


Lal H, et al. *N Engl J Med* 2015;372:2087–96.
Cunningham AL, et al. *N Engl J Med* 2016;75:1019–32.
Lopez-Fauqued, M et al. *Vaccine* 2019;37:2482–2493.26

Ciddi yan etkiler açısından aşı ve plasebo grubu arasında fark yok



Post hoc analysis of reactogenicity trends between dose 1 and dose 2 of the adjuvanted recombinant zoster vaccine in two parallel randomized trials



Birinci doz ile karşılaştırıldığında ikinci doz sonrası lokal yan etkiler daha az, sistemik yan etkiler daha fazla

Figure 1. Incidence of solicited injection site and general events reported during the 7-day post-vaccination period following each dose among RZV recipients (TVC reactogenicity).

Postlicensure Safety Surveillance of Recombinant Zoster Vaccine (Shingrix) — United States, October 2017–June 2018

TABLE 2. Most commonly reported symptoms* after receipt of recombinant zoster vaccine (RZV) in reports submitted to VAERS (N = 4,381)[†] — United States, October 2017–June 2018

Sign/Symptom	Total RZV reports, no. (%)	RZV given in combination with other vaccines, no. (%)
Pyrexia	1,034 (23.6)	57 (26.6)
Injection site pain	985 (22.5)	49 (22.9)
Injection site erythema	880 (20.1)	50 (23.4)
Pain	853 (19.5)	45 (21.0)
Chills	847 (19.3)	32 (15.0)
Headache	730 (16.7)	30 (14.0)
Fatigue	703 (16.0)	23 (10.7)
Pain in extremity	691 (15.8)	37 (17.3)
Injection site swelling	588 (13.4)	29 (13.6)
Myalgia	530 (12.1)	19 (8.9)

Abbreviation: VAERS = Vaccine Adverse Event Reporting System.

* According to Medical Dictionary for Regulatory Activities Preferred Terms, a single report may be assigned more than one Preferred Term (i.e., terms are not mutually exclusive).

[†] Includes reports for RZV given alone (95.1%) and concomitantly with other vaccines.

50–69 yaş aralığında sistemik bulgu ve belirtiler daha fazla:

Ateş %29.1

Titreme %24.6

Baş ağrısı %21.3

≥70 yaş grubunda lokal semptomlar daha fazla:

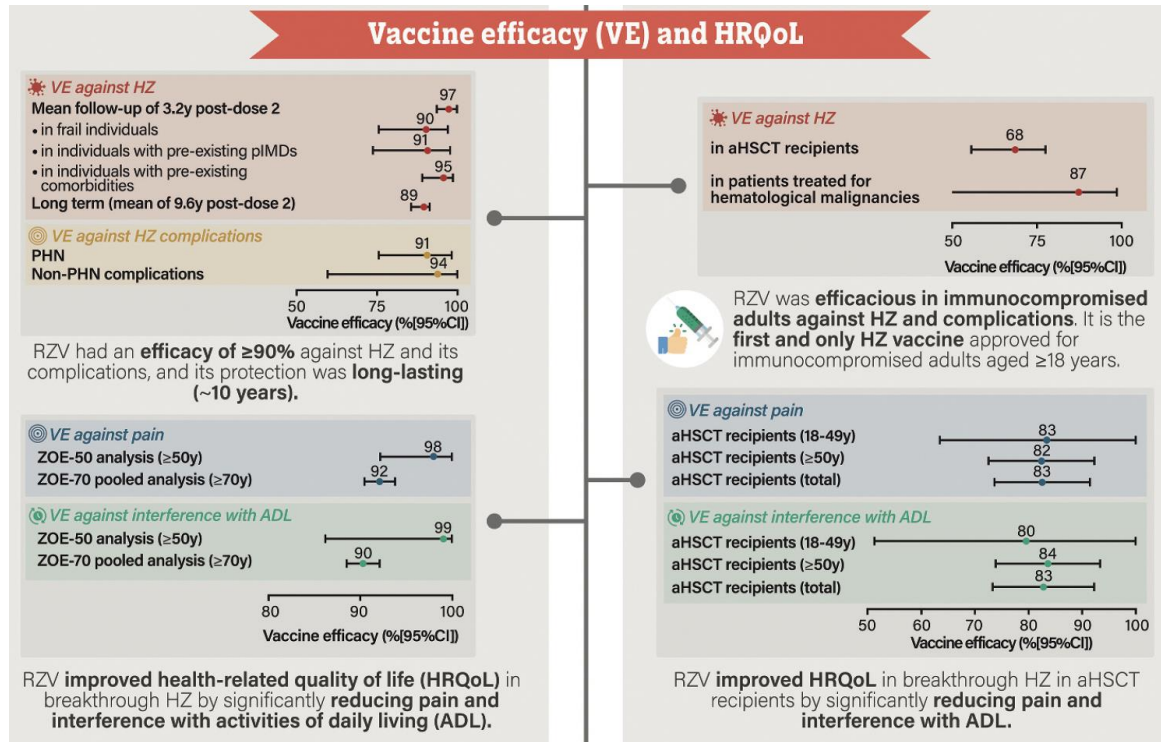
Eritem %22.5

Ağrı %21.5

Recombinant zoster vaccine in immunocompetent and immunocompromised adults: A review of clinical studies

Agnes Mwakingwe-Omari ^{ID}^a, Nicolas Lecrenier ^{ID}^b, Abdi Naficy ^{ID}^a, Desmond Curran ^{ID}^c, and Inga Posiuniene ^{ID}^b

^aClinical Sciences, GSK, Rockville, MD, USA; ^bMedical Affairs Department, GSK, Wavre, Belgium; ^cEvidence and Outcome Department, GSK, Wavre, Belgium



Endikasyonlar

≥ 50 yaş immunkompetan yetişkinler

≥ 18 yaş immunkompromize hastalar

Kontraendikasyonlar

- Aşı içeriğindeki bir bileşene karşı anafilaksi öyküsü
- GBS öyküsü
 - Gözlemsel çalışmaların sonuçları RZV ile GBS arasında bir ilgi olduğunu gösterdi (???)
- Gebelik
 - Emzirme kontraendike değil
- Bazı transplant alıcılarında RZV adjuvanının immun cevabı uyarmasına bağlı olarak rejeksiyon riski var!

Aşı öncesi serolojik test isteyelim mi?

Önceden VZV enfeksiyonu veya aşılama olmasının önemi yok !

- Ancak bazı hasta gruplarında (transplant gibi) rutin serolojik test yapılabilir
 - ✓ Bağışıklık yoksa
 - Immunsupresyon geciktirilecekse varicella aşısı önerilir.

Ne zaman aşılayalım?

- İdeal olarak immunsupresyon öncesi aşılama yapılmalı
 - ✓ İmmunsupresif tedaviden en az 14 gün önce ikinci doz yapılmış olmalı
 - Gerektiğinde iki doz arasındaki süre bir-iki aya inebilir.
 - mümkün değilse en az 4 hafta önce ZVL (alternatif)
- Bu yapılamadıysa bireysel karar
 - ✓ Aşının etkinliği? Hastalık riski? Aşılama riski?
 - ✓ İmmunsupresyon riskinin azaldığı ve stabil hastalık döneminde

Düşük doz immunsupresif tedavi alan hastalarda

- Düşük doz prednizon (<2 mg/kg; ≤20 mg/gün) veya eşdeğeri
- Metotreksat (≤0.4 mg/kg/gün)
- Azatioprine (≤0.3 mg/kg/gün)
- 6-merkaptourine (≤1.5 mg/kg/gün)

- Her hangi bir zaman aşılama yapılabilir
 - ✓ etkinliği??

Daha önce HZ geçirenler

- Öykü dikkate alınmaz !!!
- Ne zaman ??
 - Bir yıl beklenebilir ?? yada lezyonlar geçene kadar beklenebilir.



Tablo 19. Erişkinlerde yaş gruplarına göre 2024 aşı önerileri ve dozları

Aşı	19-26 yaş	27-49 yaş	50-64 yaş	≥65 yaş
Tetanoz, difteri (Td) ¹	Her 10 yılda bir rapel doz			
Tetanoz, difteri, boğmaca (TdaB) ^{1,2}	1 doz			
İnfluenza	Her sonbaharda 1 doz			
Konjuge Pnömonok (PCV13) ^{3,4}	1 doz ⁴			1 doz ³
Polisakkarit Pnömonok (PPSV23) ^{3,4}	2 doz (5 yıl arayla) ⁴			1 doz ³
Hepatit B ⁵	3 doz (0, 1, 6. ay)			
Hepatit A ⁶	2 doz (0. 6. ay)			
Rekombinant Zoster ⁷	2 doz		2 doz (2-6 ay arayla)	
Suçiçeği ⁸	2 doz (1 ay arayla)			
Kızamık, kızamıkçık, kabakulak (KKK) ⁹	1 veya 2 doz			
Meningokok ACWY ¹⁰	1 veya 2 doz (0, 2. ay)			
Meningokok B ¹¹	2 veya 3 doz			
<i>Haemophilus influenzae</i> tip b (Hib) ¹²	1 veya 3 doz (0, 1, 2. ay)			
Human papilloma virus (HPV) ¹³	3 doz (0, 2, 6. ay)			
COVID-19	2 veya 3 doz, ardından rapeller (güncel önerilere göre)			

■ Tüm erişkinlere uygulanması önerilir.
■ Risk faktörü veya belirli endikasyonu olan erişkinlere uygulanması önerilir.



Tesekkürler

