CARE case report guidelines

# CARE Checklist of information to include when writing a case report

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| Topic | Item | Checklist item description | Reported on Line |
|---|---|---|---|
| **Title** | **1** | The diagnosis or intervention of primary focus followed by the words "case report" | |
| **Key Words** | **2** | 2 to 5 key words that identify diagnoses or interventions in this case report, including "case report" | |
| **Abstract (no references)** | **3a** | Introduction: What is unique about this case and what does it add to the scientific literature? | |
| | **3b** | Main symptoms and/or important clinical findings | |
| | **3c** | The main diagnoses, therapeutic interventions, and outcomes | |
| | **3d** | Conclusion—What is the main "take-away" lesson(s) from this case? | |
| **Introduction** | **4** | One or two paragraphs summarizing why this case is unique (**may include references**) | |
| **Patient Information** | **5a** | De-identified patient specific information. | |
| | **5b** | Primary concerns and symptoms of the patient. | |
| | **5c** | Medical, family, and psycho-social history including relevant genetic information | |
| | **5d** | Relevant past interventions with outcomes | |
| **Clinical Findings** | **6** | Describe significant physical examination (PE) and important clinical findings. | |
| **Timeline** | **7** | Historical and current information from this episode of care organized as a timeline | |
| **Diagnostic Assessment** | **8a** | Diagnostic testing (such as PE, laboratory testing, imaging, surveys). | |
| | **8b** | Diagnostic challenges (such as access to testing, financial, or cultural) | |
| | **8c** | Diagnosis (including other diagnoses considered) | |
| | **8d** | Prognosis (such as staging in oncology) where applicable | |
| **Therapeutic Intervention** | **9a** | Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care) | |
| | **9b** | Administration of therapeutic intervention (such as dosage, strength, duration) | |
| | **9c** | Changes in therapeutic intervention (with rationale) | |
| **Follow-up and Outcomes** | **10a** | Clinician and patient-assessed outcomes (if available) | |
| | **10b** | Important follow-up diagnostic and other test results | |
| | **10c** | Intervention adherence and tolerability (How was this assessed?) | |
| | **10d** | Adverse and unanticipated events | |
| **Discussion** | **11a** | A scientific discussion of the strengths AND limitations associated with this case report | |
| | **11b** | Discussion of the relevant medical literature **with references**. | |
| | **11c** | The scientific rationale for any conclusions (including assessment of possible causes) | |
| | **11d** | The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion | |
| **Patient Perspective** | **12** | The patient should share their perspective in one to two paragraphs on the treatment(s) they received | |
| **Informed Consent** | **13** | Did the patient give informed consent? Please provide if requested | **Yes** ☐ **No** ☐ |